



ENTHUSIASM



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- Enthusiasm is absolutely necessary if we ever want to accomplish anything of value.
- We need a larger-than-life excitement in whatever it is that we are doing for it to be successful.
- We can amass incredible enthusiasm within our lives – if we simply follow these steps.



BE PASSIONATE

- We have to have a passion for what we are doing if we want to build enthusiasm for it.
- We need to be excited about it as we wake up in the morning and as we go to bed at night.
- This passion is what will keep our enthusiasm high, even during rough patches, which we all go through.
- Simply, love what we do and enthusiasm will follow.



BE GRATEFUL

- One way to build enthusiasm with work and everything we do is to always remind ourselves of everything that God has given to us.
- We express gratitude for all we have and this helps us become even more excited about what we're doing.
- As we go through the daily grind, it is very easy to forget about all the little things that make our lives easier and comfortable.
- Remember all the good things we have going on in our lives and be grateful for being who we are today. This is a wonderful method to create powerful enthusiasm in our lives.



BE POSITIVE

- Enthusiasm cannot survive in a negative environment. If we always have negative thoughts and are always looking at the glass as half empty, we will find our enthusiasm dissipate very quickly.
- We need to be positive for our enthusiasm to thrive. Look at the silver lining. Look on the bright side of things.
- Take away positive lessons out of seemingly bad situations, and we will find ourselves submerged by a wave of amazing enthusiasm that will help carry us along the way towards our goals.



BE EXPANSIVE

- Whatever it is that we want to build enthusiasm for, we need to make sure that we are expansive and share it with others.
- Talk about it with our peers, discuss it with our friends, and mention it to our family.
- Sharing is very important to create lasting enthusiasm, as anything that is worth sharing with others, is worth having enthusiasm for.
- Talking about anything that we are enthused about builds a terrific excitement that only helps in the continuation of it in a positive direction. Make it **CONTAGIOUS!**



BE CREATIVE

- We can never have enough creativity. Enthusiasm generates creativity and creativity triggers enthusiasm.
- Be innovative and creative in whatever we are doing and watch how our enthusiasm skyrockets.
- Always look for better and newer ways to go about it, always look for an easier path, and always think outside the box.
- Being creative is one of the fastest and most effective ways to create enthusiasm.



BE PROACTIVE

- When we are the initiator, the ones who makes things happen, we transform our dedication to enthusiasm seamlessly.
- Being proactive creates massive enthusiasm in that we promote something that we have a vested interest in, perhaps something that we are passionate about.
- We've discussed how passion helps with enthusiasm. This follows along the same line.
- Be the captain of the ship. Be the leader, be the inspiration, and we will notice our enthusiasm get higher and higher.



BE REASONABLE

- The quickest way to destroy any momentum and our enthusiasm along the way is to be completely unreasonable.
- Be realistic and understanding...this will ensure that our enthusiasm sticks for the long haul. Being unreasonable leads to guaranteed disappointment and thus create an aura of negative energy.
- Building enthusiasm in such an environment is pretty much impossible. So be sure to stay logical & reasonable for our enthusiasm to survive.



BE PATIENT

- Following from the previous point about being unreasonable, the same applies to patience.
- Being impatient and expecting everything right away will only crush our enthusiasm when reality slaps us in the face.
- If we want to have long lasting enthusiasm, it is required of us to be very patient. The more patience we have, the more solid our enthusiasm will be.
- After all, what we want is enthusiasm that lasts a lifetime, so learn to have patience in our endeavors.



BE ENLIGHTENED

- Believe it or not, but we can build incredible enthusiasm with stillness. We can have amazing enthusiasm with full peace within our entire being, and living in the never-ending present moment. Be one with God and our inner being.
- We do not need to be agitated to feel excitement. We can be completely still with calm and still enjoy unparalleled enthusiasm. Find our enlightenment and we will pick up enthusiasm along the way! “Be still and know I am near.”



BE EVOLVING

- Understand that life is all about improving ourselves and that we are in a constant state of evolution.
- Knowing that we are, each and every day, getting better and better is a wonderful way to create sheer enthusiasm.
- Being aware that each step, each moment has a meaning and a purpose is incredibly rewarding and builds a solid foundation on which we can stack up our enthusiasm.
- Always evolve, and never look back.



- As we can see, each of the steps we've talked about all complement each other.
- Adding each one of these to our existence and we will witness enthusiasm, for whatever it is that we are doing, get stronger and longer lasting.
- With enthusiasm fully under our control, there is absolutely nothing that can stop us from being all that we ever wanted to be.



WITH GOD ALL THINGS ARE POSSIBLE

MATTHEW 19:26